

malabrigo

BOOK 14 MECHITA & SOCK
Interchangeable Yarns

Normandy



Photographs by Rose Callahan

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Normandy

design by Anne Jones

Cable socks.

SKILL LEVEL ■■■■ EXPERIENCED

SIZES

Sized for Small (Medium, Large). Shown in size Small.

YARN

Sock by Malabrigo, 3½oz/100g hanks, each approx 400yd/365m (superwash merino wool)

- 1 hank in #862 Piedras

NEEDLES

- Two size 1 (2.25mm) circular needles 16"/40.5cm long for size Small
- Two size 2 (2.75mm) circular needles 16"/40.5cm long for size Medium
- Two size 3 (3.25mm) circular needles 16"/40.5cm long for size Large

OR SIZE TO OBTAIN GAUGE

NOTIONS

- Stitch markers
- Cable needle (cn)
- Tapestry needle

MEASUREMENTS

To fit Woman's shoe size 6-8 (8-10, 10-12)

- Calf circumference (blocked) 7½ (8, 8½)"/19 (20.5, 21.5)cm
- Length to beg of heel 6¾ (7, 7½)"/17 (18, 19)cm
- Length, heel to toe 9 (9¼, 9¾)"/23 (23.5, 25)cm

GAUGES (after blocking)

- 33 sts and 46 rnds = 4"/10cm over St st using size 1 (2.25mm) needles.
- 35 sts and 44 rnds = 4"/10 cm over chart pat using size 1 (2.25mm) needles.
- 30 sts and 44 rnds = 4"/10cm over St st using size 2 (2.75mm) needles.
- 32 sts and 43 rnds = 4"/10cm over chart pat using size 2 (2.75mm) needles.
- 29 sts and 42 rnds = 4"/10cm over St st using size 3 (3.25mm) needles.
- 30 sts and 38 rnds = 4"/10cm over chart pat using size 3 (3.25mm) needles.

TAKE TIME TO CHECK YOUR GAUGES.

STITCH GLOSSARY

4-st LC

Sl 2 sts to cable needle and hold to *front* of work; k2, k2 from cn.

3-st LPC

Sl 2 sts to cable needle and hold to *front* of work; p1, k2 from cn.

3-st RC

Sl 1 st to cable needle and hold to *back* of work; k2, k1 from cn.

4-st LC join

(worked when the 4 sts of a 4-st cable is split between two different needles)
Sl last 2 unworked sts at end of last rnd from previous needle to cable needle and hold to *front* of work. Knit 2 sts from foll needle and sl to

previous needle—32 sts on previous needle. Knit 2 sts from cable needle to foll needle.

ssp

Slip 2 sts knitwise, one at a time, to right-hand needle. Insert tip of left-hand needle into back of these sts, from left to right, and purl them together.

NOTE

Socks are worked in the round on two 16"/40cm circular needles to reduce number of cables crossed over joins. To make it easier to distinguish the needles, use two different colored needles or two different lengths. Pattern can be worked on dpn if preferred.

SOCK

Using long-tail method, cast on 64 sts. Divide over two 16"/40cm circular needles (32 sts each needle) and join, place marker for beg of rnd.

Next Rnd *K2, p2; rep from * around.

Rep last rnd for k2, p2 rib until cuff measures 1¾"/4.5cm, working to 2 sts before end of last rnd.

Beg leg chart

Rnd 1 Work 4-st LC join (first 4 sts of chart), then cont pat to end of rnd.

Cont in pat as established through rnd 28 of leg chart, leaving last 2 sts of rnd 28 unworked. Rep rnds 1-28 of leg chart once more.

Heel Flap

Note Heel flap is worked back and forth in rows.

Set-up Row (RS) Knit 16 sts on needle 1.

Using needle 2, knit rem 16 sts from needle 1. Knit 16 sts on needle 2. Sl next 16 sts from needle 2 to needle 1.

Cont 32 heel sts on needle 2 only, leaving 32 sts of needle 1 on hold, as foll:

Row 1 (RS) [Sl 1 wyib, k1] 16 times.

Row 2 Sl 1 wyif, p31.

Rep rows 1 and 2 until heel flap measures 2¼"/5.5cm, or desired length, end with a WS row.

Turn Heel

Row 1 (RS) Sl 1 wyib, k17, k2tog, k1, turn.

Row 2 Sl 1 wyif, p5, ssp, p1, turn.

Row 3 Sl 1 wyib, k to 1 st before gap, k2tog, k1, turn.

Row 4 Sl 1 wyif, p to 1 st before gap, ssp, p1, turn.

Rep rows 3 and 4 until 1 st rem on either side.

Next Row Sl 1 wyib, k to 1 st before gap, k2tog, turn.

Final Row Sl 1 wyif, p to 1 st before gap, ssp—18 sts.

Gusset

Set-up Rnd With needle 1, sl 1 wyib, k8, pm for beg of rnd, pick up and k 12 sts into slipped sts along heel flap and 1 st between heel flap and top of foot to close gap. Work row 1 from foot chart across 32

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sts of needle 2. With needle 1, pickup and k 1 st between top of foot and heel flap, then pick up and k 12 into slipped sts along side of heel flap. K 9 sts to marker—76 sts.

Rnd 1 *Needle 1*: K to last 3 sts, k2tog, k1; *Needle 2*: Cont foot chart as established to end of needle; *Needle 1*: K1, ssk, k to end of rnd—2 sts dec'd.

Rnd 2 *Needle 1*: Knit; *Needle 2*: Cont foot chart as established to end of needle; *Needle 1*: Knit.

Rep last 2 rnds until 32 sts rem on each needle—64 sts.

Rep rnd 2 until foot measures 2"/5cm less than desired length from back of heel.

Toe

Rnd 1 *Needle 1*: K to last 3 sts, k2tog, k1; *Needle 2*: K1, ssk, k to last 3 sts, k2tog, k1; *Needle 1*: K1, ssk, k to end of rnd.

Rnd 2 Knit.

Rep rnds 1 and 2 until 32 sts rem.

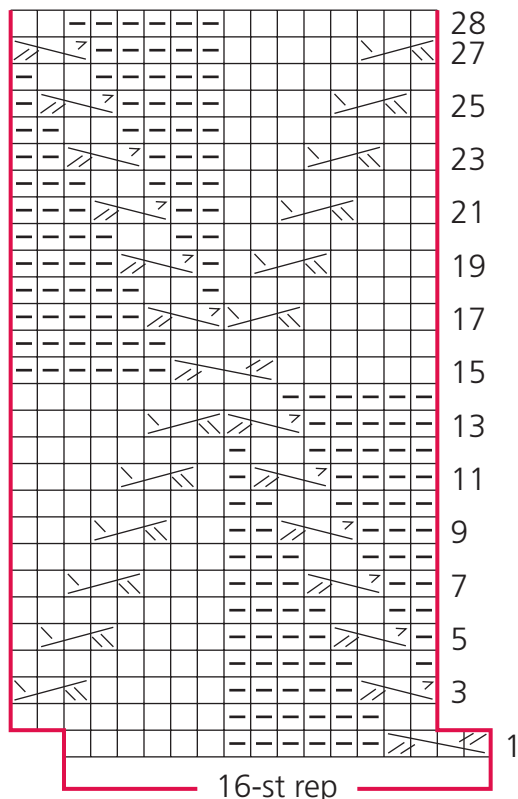
Rep rnd 1 until 16 sts rem.

With needle 1, k first 4 sts of rnd—8 sts per needle.

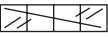
Cut yarn leaving a 12"/30.5cm tail. With tapestry needle, graft to using Kitchener stitch.

Work 2nd sock in same way. ■

LEG CHART



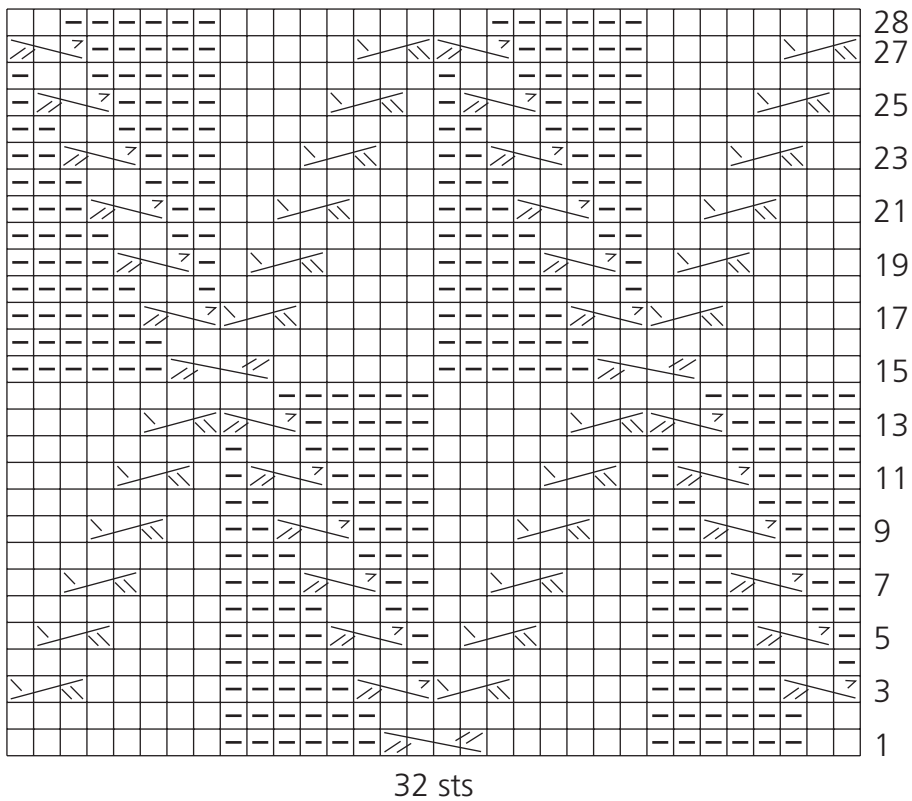
STITCH KEY

- k
- ▢ p
-  4-st LC
-  3-st LPC
-  3-st RC

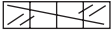
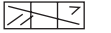
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FOOT CHART



STITCH KEY

-  k
-  p
-  4-st LC
-  3-st LPC
-  3-st RC

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Abbreviations & Glossary

KNIT Abbreviations

approx approximately
beg begin(ning)
CC contrast color
cn cable needle
cm centimeter(s)
cont continue(ing)
dec decrease(ing)
dpn double-pointed needle(s)
fol follow(s)(ing)
g gram(s)
inc increase(ing)
k knit
k2tog knit two stitches together
k3tog knit three stitches together
kfb knit into front and back of stitch
LH left-hand
M1 make one (see Glossary)
M1p Make 1 purlwise (see Glossary)
MC main color
m meter(s)
mm millimeter(s)
oz ounce(s)
p purl
p2tog purl two stitches together
pat(s) pattern(s)
pm place marker
rem remain(s)(ing)
rep repeat
RH right-hand
rnd(s) round(s)
RS right side
SKP see Glossary
SK2P see Glossary
S2KP see Glossary
sl slip
sl st slip stitch
sm slip marker
ssk slip, slip, knit (see Glossary)
st(s) stitch(es)
St st stockinette stitch (see Glossary)
tbl through back loop
tog together
WS wrong side
wyib with yarn in back
wyif with yarn in front
yd(s) yard(s)
yo yarn over
* repeat directions following * as many times as indicated
[] repeat directions inside brackets as many times as indicate

Crochet Abbreviations

ch chain
sl st slip stitch
sc single crochet
hdc half-double crochet
dc double crochet
tr treble crochet

Glossary

Garter stitch Knit every row. For circular knitting: Alternate knit one round, purl one round.

Make one (M1) Insert tip of LH needle from front to back under the strand between the last stitch worked and the next stitch on the needle. Knit into the back loop—1 knit stitch increased.

Make 1 stitch purlwise (M1p) Insert the left needle from back to front into the running thread between the stitches on the right and left needle. Purl this stitch through the front loop in order to twist the stitch—1 purl stitch increased.

SKP Slip 1, knit 1, pass slip stitch over knit 1—1 stitch decreased.

SK2P Slip 1, knit 2 stitches together, pass slip stitch over k2tog—2 stitches decreased.

S2KP Slip next 2 sts as if to k2tog, k1, pass the 2 slipped sts over the k1—2 stitches decreased.

ssk Slip next two sts knitwise, one at a time, to right-hand needle. Insert tip of left-hand needle into fronts of these stitches from left to right and knit them together—1 stitch decreased.

St st Knit right-side rows and purl wrong-side rows. For circular knitting: Knit all rounds.

Knitting Needles*

U.S.	METRIC
0	2mm
1	2.25mm
2	2.75mm
3	3.25mm
4	3.5mm
5	3.75mm
6	4mm
7	4.5mm
8	5mm
9	5.5mm
10	6mm
10½	6.5mm
11	8mm
13	9mm
15	10mm
17	12.75mm
19	15mm
35	19mm

***Note** The needle sizes used in this book vary, based on the design and desired drape of the fabric. They may be different than the suggested needle size on the ball band. To achieve the look of the pictured garment, always make a gauge swatch and change the needle size to obtain the gauge given at the beginning of the instructions.

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About us

Malabrigo is a family-owned yarn company located in Uruguay. We are known for our hand-dyed yarns of incredible softness and wonderful color variations. Our products are made out of the softest fibers available and are inspired by nature, landscapes, places, art and everyday life. And that is what we try to represent in the names of our 17 different yarns and more than 300 colors.

We produce yarn because we are passionate about it. We believe in the pleasure of knitting with good-quality, carefully designed, subtly painted yarns and in the joy of wearing whatever is made out of them.

Our wish is to continue developing yarns and colors to inspire people around the world—and to be inspired by them in return.

History

Malabrigo started small, when two brothers-in-law started dyeing wool in a kitchen back in 2005. After achieving some good results, they started selling a few skeins to the U.S., and before they knew it, they had quickly grown to other countries in Europe and the rest of the world.

To keep up with this growth, they needed to relocate to larger facilities and hire more employees.

This resulted in Malabrigo's mill, which is located at Parque Tecnológico Industrial del Cerro, a technology and industry park in Montevideo, Uruguay, where yarns are dyed and packed in large rooms with natural light.

In 2010 the factory added a flat-plate thermal heating system to decrease the environmental footprint. Using the power of the sun, the water tanks are heated for the various processes to make your favorite yarns. The company employs environmentally safe practices that use as little water and as few chemicals as possible.

More recently, the company added a new mill in Perú.

Malabrigo employs mostly women and always tries to provide jobs to people who historically have been given fewer opportunities.

Fibers

Most Malabrigo yarns are made with 100% Uruguayan merino wool. Uruguay has one of the biggest wool supplies in the world and produces a very, very good wool with regards to softness.

Our wool is 100% produced by Uruguayan farms that allow their sheep to go free-range through the hills and are herded by actual old-style shepherds. The controversial practice of mulesing does not exist in Uruguay.

Some of our yarns use other fibers, such as Aquarella and Gruesa (100% Uruguayan Corriedale wool) or Silky Merino (a blend of our merino and top-quality silk) and Silkpaca (baby alpaca from Perú and top-quality silk). We always ensure that our materials come from the best suppliers we can find around the world.

Malabrigo flock

We are pleased to announce that Malabrigo is the proud owner of a flock of merino and Corriedale sheep, who live on a ranch near our headquarters in Montevideo. Taking this step has been very important to us: We strive for sustainability and quality in all aspects of our business, and now we are able to have a direct hand in wool production from the very first step, and to ensure the humane, high-quality care of our happy little sheep. True, this flock isn't enough to produce all of our yarn by a long shot—but they are awfully cute. Welcome to the family, little guys!

Should you happen to be in the Montevideo area, we invite you to visit our little sheepfold and say hello to the flock!

In the following video we show you around beautiful Piedras de Afilas and demonstrate the process by which we shear our sheep and harvest the beautiful fleece that becomes Malabrigo yarn. We strive to use sustainable and humane farming practices with our ranch and flock. Happy sheep make the best wool!

<https://www.youtube.com/watch?v=MogPKXf5-Lk>

Our Commitment to Sustainability

As part of our ongoing effort to build a greener business, our Superwash manufacturing process now meets Oeko-Tex standards. This means our yarn is free from a range of harmful substances often found in manufacturing (such as formaldehyde, pesticides, heavy metals and a variety of other toxins and carcinogens.)

In 2010 the factory added a flat-plate thermal heating system to decrease our environmental footprint. Using the power of the sun, the water tanks are heated for the various processes to make Malabrigo yarns. The company employs environmentally safe practices using as little water and as few chemicals as possible.

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Sock

A soft, smoothly-plied, lightweight sock yarn in a range of semi-solid and watercolor multi colorways. Spun from our luxurious merino and treated to make it machine washable for easy care. Don't be fooled by the name- while it's certainly a treat for the feet, this delightful yarn is also a particular favorite for shawls and scarves!

Great for: Lace, shawls, scarves, garments, baby and child items, gloves, and of course socks!

Be sure to get enough yarn to complete your project since each bag is a different dye lot, and skeins may vary from bag to bag. In the tagged (*) colors, the skeins may vary one from the other even within the same bag. To ensure random color distribution, work from two balls of yarn at once, alternating a few rows from each ball.

Weight Light Fingering

Texture Plied

Yardage/Meters 440 yards (402 meters)

Skein weight 100 grams (3.53 ounces)

Content 100% Superwash Merino Wool

Gauge 32.0 sts = 4 inches/10 centimeters

Recommended needle size US 1–3 or 2.25–3.25mm

Recommended hook size US B-1 to E-4 or 2.25–3.5 mm

Care Machine washable, gentle cycle, cold water, do not tumble.

*For retailers stocking Malabrigo yarns please visit <http://malabrigoyarn.com>



Aniversario
SW005



Cereza
SW033



Pearl
SW036



Lettuce
SW037



Plomo
SW043



Natural
SW063



Water Green
SW083



Lotus
SW120 (*)



Marte
SW121 (*)



Fresco y seco
SW128 (*)



Reflecting Pool
SW133



Sabiduria
SW136



Ivy
SW138 (*)



Pocion
SW139



Dewberry
SW141 (*)

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Sock color card



Stonechat
SW173



Black
SW195



Velvet Grapes
SW204



Whales Road
SW247 (*)



Indiecita
SW416 (*)



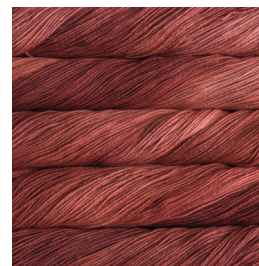
Caribeno
SW474



Ravelry Red
SW611



Tiziano Red
SW800



Botticelli Red
SW801



Terracotta
SW802



Ochre
SW803



Alcaucil
SW805



Impressionist Sky
SW806



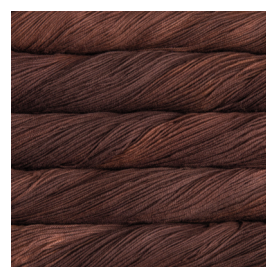
Cote d'azure
SW807



Violeta Africana
SW808



Solis
SW809 (*)



Cordovan
SW810



Eggplant
SW811



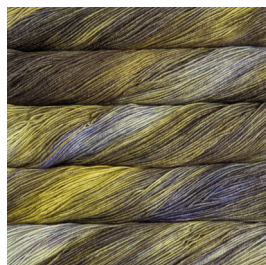
Chocolate Amargo
SW812



Archangel
SW850 (*)

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Sock color card



Turner
SW851 (*)
undefined



Persia
SW852 (*)



Abril
SW853 (*)



Rayon Vert
SW854 (*)



Aguas
SW855 (*)



Azules
SW856 (*)



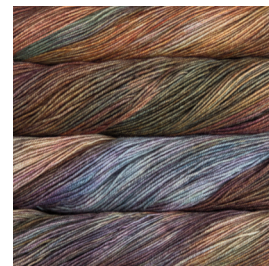
Light of Love
SW857 (*)



Arbol
SW858 (*)



Primavera
SW859 (*)



Piedras
SW862 (*)



Zarzamora
SW863 (*)



Arco Iris
SW866 (*)



Candombe
SW870 (*)



Playa
SW871 (*)



Diana
SW886 (*)

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Mechita

We liked Mecha so much, we hit it with a shrink ray! Mechita is a fingering-weight version of our beautifully-dyed single-ply superwash yarn. Just as soft and rich as the original, but great for lighter projects!

Great for: Shawls, scarves, garments, accessories, baby and kids items, lace, cables, textured stitches.

Be sure to get enough yarn to complete your project since each bag is a different dye lot, and skeins may vary from bag to bag. In the tagged (*) colors, the skeins may vary one from the other even within the same bag. To ensure random color distribution, work from two balls of yarn at once, alternating a few rows from each ball.

Weight Fingering

Texture Singles

Yardage/Meters 420 yards (384 meters)

Skein weight 100 grams (3.53 ounces)

Content 100% Superwash Merino Wool

Gauge 26.0 to 30.0 sts = 4 inches/10 centimeters

Recommended needle size US 1 - 2 or 2.25 - 2.75mm

Care Machine washable, gentle cycle, cold water, do not tumble

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Aniversario
MTA005



Polar Morn
MTA009



Cereza
MTA033



Frank Ochre
MTA035



Pearl
MTA036



Plomo
MTA043



Glitter
MTA048



Jupiter
MTA049



Paris Night
MTA052



English Rose
MTA057



Natural
MTA063



Water Green
MTA083



Lotus
MTA120



Marte
MTA121



Sand Bank
MTA131

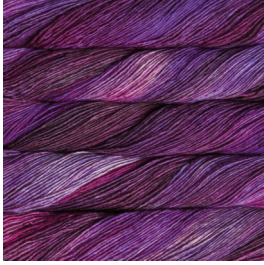
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Mechita color card



Sabiduría
MTA136



Hollyhock
MTA148



Azul Profundo
MTA150



Volcan
MTA227



Whales Road
MTA247



Teal Feather
MTA412



Indiecita
MTA416



Paprika
MTA666



Storm
MTA667



Granada
MTA668



Carnival
MTA669



Atomic
MTA670



Aureo
MTA680



Lynx
MTA681



Poipu
MTA682



Art Nouveau
MTA690



Renaissance
MTA691



Gothic
MTA692



Moon Trio Full
MTA697



Moon Trio Crescent
MTA698

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Mechita color card



Moon Trio New
MTA699



Lago
MTA709



Desert
MTA710



Monte
MTA711



Selva
MTA712



Island
MTA713



Passiflora
MTA714



Lava
MTA716



Galaxy
MTA717



Supernova
MTA718



Cello
MTA728



Impressionist Sky
MTA806



Eggplant
MTA811



Ilusión
MTA842



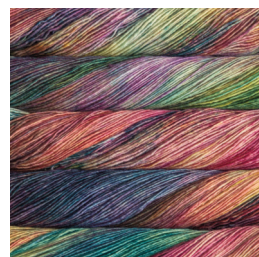
Cirrus Gray
MTA845



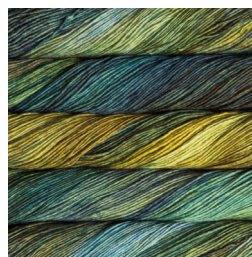
Archangel
MTA850



Piedras
MTA862



Arco Iris
MTA866



Hojas
MTA880



Lluvias
MTA881

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Mechita color card



Sheri
MTA883



Arequita
MTA885



Diana
MTA886



Ninfas
MTA887



Sirenas
MTA888



Musas
MTA889



Mandragora
MTA890



Unicornio
MTA891



Pegaso
MTA892



Cielo y Tierra
MTA894



Dried Orange
MTA895